

# HAPPY TEETH FOR LIFE



**BABY TEETH DO MATTER!**

- Start brushing as soon as the first teeth appear
- From age 2, use a small pea-size amount of toothpaste
- Help your child with brushing up to at least age 7
- Brush twice a day



For more info go to: [happyteeth.ucc.ie](http://happyteeth.ucc.ie)

